

# KC Blues Fall 2010 Practices

Wizards Training Complex at Swope Park

6301 Lewis Road

Kansas City, MO 64132



Training will begin every Tuesday and Thursday at Field #1 at 7:30pm. We will do fitness, drilling, and skills work on Field #1, before moving to Field #2 at 8:30pm for the final hour.

Players should park in the Wizards lot next to Field #2 and walk over to Field #1.

Players should bring running shoes, cleats, mouth guard, and water to every practice.